

KDC BULLETIN



GOVERNMENT DENTAL COLLEGE KOTTAYAM

"QUEST FOR EXCELLENCE IN DENTAL EDUCATION AND SERVICE TO HUMANITY"

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DCU 2022-23 Elected

The Dental College Union for the academic year 2022-23, was elected recently. Mr. Salin S Sanjay and Miss Indhu Mohan, will now fill the shoes of the Chairperson and the vice chairperson, respectively. The rest of the panel members are as follows:

General Secretary- Abdul Jabbar A, Sports Secretary- Anandu K P, Arts Secretary- B Sarath Chandran, Magazine Editor- Kesiya Saji, Multimedia Coordinator- Shifana A A, Program Committee Coordinator- Anjima Das, Film Committee Coordinator- Jithin M, Lady Representative- Dhujji M, UUC- Gokul S, Joint Secretary- Navjyoth, Union representative- Mohammed Ajmal. (All are from the 2019 BDS Batch) PG representative- Ratheesh T K (JR1, OMFS) PG UUC- Sreelakshmi P C (JR1, Endodontics)



Salin Sanjay



Indhu Mohan



Dhujji M



Abdul Jabbar



Anandu K P



Sarath Chandran



Ratheesh T K



Kesiya Saji



Shifana A A



Anjima Das



Gokul S



Navajyoth



Sreelakshmi PC



Mohammed Ajmal



Jithin M

One step closer to KUHS Accreditation

As a part of the ongoing Kerala University of Health Sciences (KUHS) accreditation process, a team of inspectors visited Govt. Dental College, Kottayam, on 26/4/2022. All the faculties in charge, under the efficacious guidance of Principal Dr. V T Beena

and Nodal officer Dr. Admaja K Nair, presented their prescribed topics. Later on, document verification was done by the inspectors. The team members were quite impressed with the presentations and the inspection was completed successfully.

Uniting forces against tobacco use!



Dr. Susan and Dr. Bindhu alongside cyclists at MCH bus station.

The department of Public Health Dentistry, Govt. Dental College, Kottayam in association with Indian Dental Association (IDA) Kottayam conducted a marathon on 31st May 2022. Aimed at propagating awareness about tobacco use to the general public, this event saw avid participation from students and faculty alike, along with several prominent IDA members. The program commenced early in the morning with an energetic zumba session

which primed up the runners. The students of KDC also performed a mime based on the adverse effects of tobacco use at the Medical college bus station. The runners were provided a hearty breakfast and afterwards, the program concluded with a meeting in front of Block A, where the Sub Inspector of Police, Gandhi nagar, awarded the participants with medals. Dr. Susan (HOD, Dept. of PHD) Dr. Bindhu, Dr. Shimy Mary (Asst. Professors, PHD) also took part in the run.



Against tobacco use; A still from the mime

CELESTE '22: The GDCian Gala Glams Up KDC!

An extravaganza of art, music and culture; the tempest of joy and everything glam, the communion of Kerala's dental maestros, words are not enough to describe the wonder Celeste'22 was... Who ever said third time is the charm rightly deserves a medal, at least that's what Aithihas (DCU '18-'19) had phenomenally proved with the three day wonder we all had the good fortune to witness!



DAY 1 : EQUINOX

The theme set for the first day was esthetic purple. The attendees, colour coded to their respective GDC, swarmed in as packs, for the inaugural ceremony. Our principal, Dr. V T Beena, delivered the inaugural address while reminiscing about her college days. Several of our faculty and alumni members were in attendance. Then came the introductory session, which took up most of the day, as each one of the GDCs came prepared to blow our minds! After a sumptuous lunch, everyone reconvened for some fun games, which entertained the crowd. The evening saw a fantabulous cultural display which wound up with a mesmerizing performance by Adholokam, a prominent music band. Let's just conclude that the pilot episode of this sensational series was power packed to the boot!

DAY 2 : ECLIPSE

One would think, after the excitement of day 1, no one would have any energy left! But any amount of tiredness was soon overpowered by the zeal of the spectators. As with the first day, fun games and cultural programs took up most of the day. The highlight of the 'Poomam' themed day, ironically began after midnight with a gig by Attam Kalasamidi, that put the stage on fire. The beat of the drums paired with the musical magnificence literally drowned the sound of the downpour outside. The crowd was so in tune to the beat that when the performance concluded in the early hours of the dawn, many were reluctant to leave the stage!



DAY 3 : SOLSTICE

The third day was equally invigorating as the previous ones. With a theme set to match its name, the last day of Celeste'22 was otherworldly! Fun games and cultural programs aside, the main event of the day was the Banquet, wherein the attendees got to socialize over a delectable dinner. Soon after, the curtain fell, marking the conclusion of the principal event in the GDCian cultural calendar.

Keeping true to their tagline, Aithihas upheld the legacy and raised the bar high by unveiling a saga, that no hot blooded GDCian will ever have the audacity to erase from their heart!

MCH Cricket league; GDCK Heroes emerge as 2nd Runner up!



The staff team

(_filed image_)

The cricket champions of Govt. Dental College, Kottayam, once again made us all proud as they emerged as the 2nd Runner up in the recently concluded (Staff) Cricket league organised by Govt. Medical College, Kottayam

Even a dearth in the number of cricket enthusiasts in their midst, didn't dampen their determination as they successfully managed to field a team and won most of the games before losing in semi-finals to the MCH team.

Au revoir Dr. Jayakumar!



From one principal to the other; Dr. Beena, felicitating Dr. Jayakumar. Dr. Sreela nearby.

GDC, Kottayam hosted a farewell program, on 30th April 2022, in honor of Prof. Dr. K P Jayakumar, the Principal of our sister institution, ie Govt. Medical College, Kottayam, on the occasion of his retirement from government service. There was avid participation by the faculties, staff and

students. Our principal, Dr. V T Beena, inaugurated the ceremony. Dr. Antony PG (Asso. Professor, Dept. of OMFS) spoke in detail, about Dr. Jayakumar's eventful career and his many accolades. The vote of thanks was delivered by Dr. Sreela L S (HOD, Department of OMR).

International Nurse's Day Celebration

Govt. Dental College, Kottayam, celebrated International Nurse's Day on 12th May 2022. As a part of the day's festivities, the nursing staff of KDC, lighted lamps and took the nurses oath. Mr. Biju Mathews, Mrs. Ashamol, Mrs. Gloria, Mrs. Vimala, Mrs. Romiya and Mrs. Sujatha, were instrumental in conducting the ceremony in a well organised manner.



The nursing staff undertaking the nurse's oath.

Feats by faculty members



Dr. Baiju RM
(Asso. Prof, Dept.
of Periodontics)

Dr. Baiju RM (Asso. Prof, Dept. of Periodontics) attended European Federation of Periodontology Conference held at Copenhagen, Denmark and presented a paper.



Dr. Vivek
Narayan
(Asst. Prof,
Dept. of PHD)

Dr. Vivek Narayan (Asst. Prof, Dept. of PHD) was the resource faculty in TOT programme on OSCE & OSPE problem solving at Anoor Dental College, Muvattupuzha on 23-06-2022. He also gave a talk in Radio Mangalam Ettumanoor in relation with IAPHD week celebration, which was aired on 27th June.

PROMOTIONS



Dr. Indu Raj
(HOD, Dept. of
Prosthodontics)

Dr. Indu Raj (HOD, Dept. of Prosthodontics) was promoted as Professor.

Dr. Shibu Aman, Dr. Anupama Ramachandran (Dept. of Conservative Dentistry and Endodontics), Dr. Sabu Paul (Dept. of Oral Pathology and Microbiology), Dr. Bobby John, Dr. Antony P G (Dept. of Oral and Maxillofacial Surgery), Dr. Rajesh C, Dr. Sandhya Gopalakrishnan, Dr. Sandhya M Raghavan (Dept. of Prosthodontics) and Dr. Tony Kurien (Dept. of Periodontics) were promoted as Associate Professors.

Decoding the pulp; A pedodontic event to boost your skills!

The Department of Pedodontic and Preventive Dentistry, GDC Kottayam conducted a two day CDE program on June 28th and 29th at the examination hall of our institution. The event was attended by post graduate students and faculties of fellow colleges. Dr. S Rupesh, Professor, Dept. of Pedodontic and Preventive Dentistry, Malabar Dental College and Dr. Kavitha Kumar, a well renowned Pedodontist, were the speakers. The event titled 'Decoding the pulp' even included a live demonstration of pulpectomy

procedure in pediatric patients. In association with this, the Dept. of Pedodontics, GDC Kottayam, conducted a videography competition for undergraduate students. Navjyoth and team (2019 BDS batch) bagged the first prize by creating an informative video about management of tooth avulsion in pediatric patients. Indu and team (2019 BDS) won the second prize in the awareness video contest followed by Anjima and team (2019 BDS). The winners were awarded cash prizes.



Dr. Rupesh, Dr. Mohan and Dr. Jeeva during lighting the lamp ceremony.



Dr. Kannan, HOD, Department of Pedodontics, handing over the prize to Navajyoth and team. Dr. Jeeva and Dr. Vishakh nearby.

Environment Day Celebration

World Environment Day was Celebrated on June 5th in Govt. Dental College, Kottayam. College premises were cleaned and trees were planted by various staff members. The function was inaugurated by Principal Dr. V T Beena, by distributing an environment friendly pen to GDCK staff welfare forum vice-president Mr. Vijayakumar K. B.

Afterwards, pens were distributed among the gathering. A pencil drawing competition was organised by the GDCK staff welfare forum for the children of staff members. Principal Dr. V T Beena and GDCK staff welfare forum President Mr. Abeesh, distributed the prizes in the ensuing ceremony.



Towards a green campus; members of staff welfare forum, planting trees on environment day

Music Day done right!

Govt. Dental College, Kottayam, celebrated International Music Day on 21st June 2022. Because of the sudden surge in covid cases, the programs were fully conducted online. A variety of fun activities like Instagram reels and Guess the song competition, was organised by the student's union. The day ended with an instagram live with Sreelakshmi K Anil, a finalist in Super four; a music reality show in Mazhavil Manorama ;wherein everyone got to interact with the music prodigy.



Charity before ceremony; Aithihas wins hearts!

The organisers of Celeste'22 wowed everyone, again with their generosity, as they donated a sum of One lakh rupees to the Cardiology Dept of MCH, from the fund amassed for conducting the fest. Aithihas union chairperson, Dr. Hysham Salam, handed over the cheque to a representative of the department of Cardiothoracic surgery. The money will be put to use to aid Cardiac patients from economically disadvantaged backgrounds.

Research Day Celebration

Govt. Dental College Kottayam, celebrated its first ever research day on 21st April 2022, at the examination hall. Various competitions were conducted for students and faculty members. Chinchu Baby, Indu Mohan and Dany Biju Philip bagged prizes in the ug category while Dr. Indu M, Dr. Prasanth Soni Soman and Dr. Aby Abraham, respectively won first and second in the Innovative Dental Excellence Arena (IDEA)

DCU '22-'23 in accordance with world environment day, also conducted a caption writing contest, along with a pencil drawing competition. Indu Mohan and Aishwarya Ashok of 2019 BDS batch, bagged the first prize in the former, while Vaishnavi of 2021 BDS batch, aced the latter.



VAISHNAVI A P
(I BDS)



AISHWARYA ASHOK
(III BDS)



INDHU MOHAN
(III BDS)

STAFF EDITOR



Dr. Philips Mathew
(Asst. Prof, Dept. of OMR)

STUDENT EDITORS



Kesiya Saji (III BDS)



Shifana A A (III BDS)